

West Island Citizen Advocacy Annual Report



**2022
2023**

**Annual General Meeting
June 14, 2023 - 4:30pm**

**Valois Bay Nautical Center
90 Lakeshore, Pointe-Claire**



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WEST ISLAND CITIZEN ADVOCACY's 47th ANNUAL GENERAL MEETING AGENDA

June 14th, 2023, at 4:30 pm

Location: Valois Bay Nautical Center

1. Welcome from the President
2. Nomination of the Chairperson and verification of Quorum
3. Acceptance of the Agenda
4. Presentation and acceptance of the Minutes of the 46th Annual General Meeting held on June 20th, 2022
5. President's Report and acknowledgments
6. Director's Report
7. Acceptance of the financial statements 2022-2023
8. Appointment of the auditors for 2023-2024
9. Board of Directors for 2023-2024
10. Recognition of names for the Awards of Merit
11. Adjournment

President's Report

Thank you for coming today to participate in our 2023 Annual General Meeting. If we have learned anything this year it is how precious our volunteers are to us who work for and on behalf of WICA.

Although COVID-19 was a difficult time for our volunteers, residents, protégés, and employees we were able to rally ourselves to provide programs and support however it was permitted and whenever the need arose.

This year we are faced with new issues, particularly around attraction and retention of volunteers to our organization. We are not alone in this as other organizations face the same obstacles. We are working hard to counteract this trend.

The additional funding received during COVID-19 to support our residents and protégés is no longer available to us. Our funding is down somewhat as fundraising has been a struggle as well for our major donors.

Retaining our valuable employees is difficult when they get poached particularly from government agencies whose salaries are higher. Nevertheless, we are grateful for the amazing team we currently have, and we are doing all we can to retain them and provide a flexible and rich working environment.

I personally would like to thank our devoted Board of Directors members who work very hard all year round to guide and support all the initiatives and strategic plan of the organization.

We held a wonderful Open House in April which was attended by several City Counsellors from surrounding municipalities and was very well attended by our volunteers and friends of WICA, a real success put on by the Team and the Board. We began a new program to recognize a volunteer of the month.

Our 30th Anniversary of the Garden Tour was held on June 4th. This is a labor of love with our gardeners, garden sitters, and our committee including Board Members and employees who work tirelessly to put on this event every year.

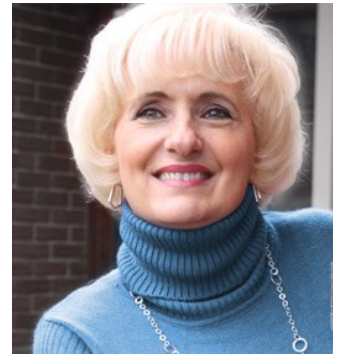
The Income Tax Program was a huge success this year with the completion of over 260 tax returns for individuals who qualified for the program.

Our RVA Art Program has re-started in person with our new RVA Coach and we look forward to being able to have our art show in the Fall. The Activity Report was sent out and I encourage you all to read about all our programs.

All this to say, although we are facing many challenges, we will find ways to succeed. Honestly, we can't do it without you. We need your help perhaps more than ever before. We particularly need volunteers and donations to continue our programs. For those who are already involved, let me take this opportunity to thank you again. For those who are looking for a volunteer opportunity or an organization to support, I hope you will consider joining our team at WICA. We are always available to discuss possibilities and there is something for everyone.

Thank you and may your summer be safe and joyful.

Kay M. Heaton



Kay M. Heaton
President of the Board

Executive Directors' Report

Welcome to our Annual General Meeting 2023. We are excited to share a synopsis of our year in review with you during this event. This past year has certainly been a challenging one for WICA for a number of reasons.

At the beginning of 2022, I left on maternity leave. Our accountant, Susan Williams, wore two hats when she agreed to take on some of the Executive Director's responsibilities on top of her own during my absence. In the summer of 2022, our team was understaffed, even missing three employees at the same time at one point. To top it off, mid-summer, we were faced with a sudden and unexpected office move due to the discovery of mold in our office. Amidst the operational restructuring, the reality of post-covid times also forced us to readjust our programs and modify our schedules.



Roya Jaffari
Executive Director

Thanks to hard work and perseverance, WICA was able to meet its demands and continue to successfully serve the community. I want to thank Susan Williams and the whole WICA Team for holding the organization together despite these challenges. Susan has expressed gratitude for the support she received from the staff and the board during these difficult times. In her own words, *"I would like to thank the dedicated staff and board members for their support during my time as interim director."*

I have had the privilege of working with an exceptional team of devoted individuals. WICA would not be able to function effectively without the support of our devoted Board Members, our advocates and volunteers who unselfishly give so much of their time to our organization. We are also very proud of our long-lasting relationships with our community groups, who offer immeasurable support year after year. They are a pillar of strength for us and we want to thank them for their continued contributions.

I also want to convey my sincere gratitude to the city of Pointe-Claire for not only offering us a new temporary office location but also taking charge of the moving process. Their support has been tremendous, and we are very grateful to them for their assistance during this transition.

In closing, I would like to announce that I will be going on maternity leave at the end of June 2023. I will definitely miss WICA and its community, but I am confident that WICA will be in good hands. Susan Williams will act as the Interim Executive Director during my absence and a new accountant will be hired to replace her in her current role.

Thank you, once again, for attending our AGM 2023.

With Love,

Roya Jaffari
WICA Director



Last week on June 7th, we lost our **beloved Treasurer Warren Thomas** to cancer. Warren was our Treasurer for 5 years and volunteered for decades in community organizations in Pointe Claire including being a City Councillor. Warren you are and will be missed very much. To recognize and ensure that Warren will never be forgotten WICA has created the **Warren Thomas Award for Extraordinary Service to the Community** which will be awarded annually beginning at our 2024 AGM.



WEST ISLAND CITIZEN ADVOCACY NOMINATING COMMITTEE'S REPORT

June 14th, 2023

We have **one vacancy** on the Board of Directors this year: **Treasurer**

The following **two (2) Directors** wish to continue their mandates:

Kay Heaton (3rd mandate to 2024)

Ike Partington (2nd mandate to 2024)



The following **five (5) Directors** wish to renew their 2-year mandates:

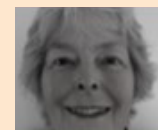
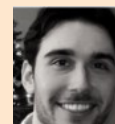
Natalie Chapman (3rd mandate 2023-2025)

Adamo Ghezzi (2nd mandate 2023-2025)

Debra Hammond (2nd mandate 2023-2025)

Mary-Jane de Koos (3rd mandate 2023-2025)

Vincent Wesley (3rd mandate 2023-2025)



The following person wishes to stand for **election for a 2-year mandate**:

Margo Heron (2023-2025)



The **Executive Director** is a Board member *ex officio*:

Roya Jaffari



WICA's Officers:

President: Kay Heaton

Treasurer:

Secretary: Mary-Jane de Koos

Respectfully submitted by the **Nominating Committee:**

Margo Heron and Natalie Chapman

OUR MISSION

West Island Citizen Advocacy (WICA) is a non-profit community group which aims to improve the quality of life and defend the rights to all those who are vulnerable in the community by supporting them and matching them with competent volunteers.

Board of Directors

- 9 members
- Meet 10 times per year
- Responsible for the overall activities
- Make decisions about budgeting & policies, and plan direction of the organization
- Members sit on various sub-committees
- Members represent various sectors such as: finance, business, municipal government, education, and community volunteers.



Staff

16 staff members: 8 full-time, 8 part-time*

- Executive Director
- Accountant*
- Administrative Assistant
- Receptionist
- Publicity Manager*
- Data Manager*
- Community worker in *Seniors Advocacy*
- Community worker in *Seniors Liaisons (ITMAV)*
- 2 Community workers in the *CAP Program*
- 3 Community workers in the *Match Program* including *Youth Engagement*
- Community worker in the *Tablet Program**
- Volunteer Coordinator*
- Coordinator/Instructor du *Programme RVA**



The Matching Program



PARRAINAGE CIVIQUE
DE LA BANLIEUE OUEST
SOUTIENT LES PERSONNES
VULNÉRABLES ET ISOLÉES
DE NOTRE COMMUNAUTÉ
DEPUIS 1976



WEST ISLAND
CITIZEN ADVOCACY
SUPPORTING VULNERABLE
AND ISOLATED INDIVIDUALS
IN OUR COMMUNITY
SINCE 1976

The original Matching Program has returned with force! Distant matching is now a thing of the past!

Visits and accompaniments are in full swing mode; protégés and advocates are enjoying once more the human contact they yearned for during the Covid times.

Matching Program Statistics, 2022-23

449

Active protégés

289

Protégés were matched

64%

Of protégés were matched



284

Active advocates

31

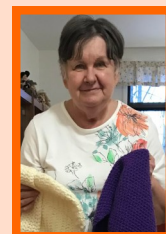
New matching advocates

268

Advocates were matched

94%

Of advocates were matched

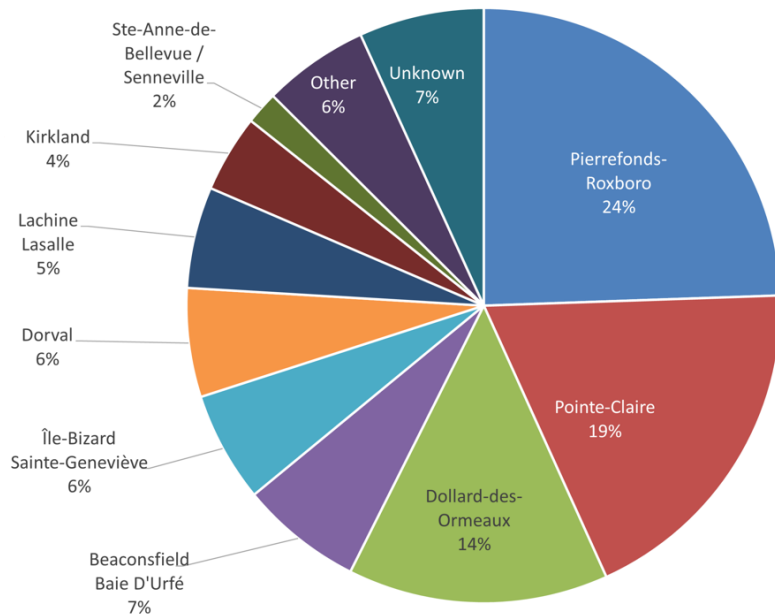


427

Total active matches

Matching Program, 2022-23

Matching Program (cont.)



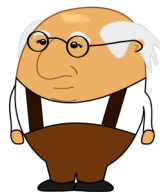
Matched protégés in the West Island by city & borough

Advocates' testimonials

*"My protégé and I have really **enjoyed** the time we had together and have created a caring relationship! **Thanks** for supporting our community in this way. The program truly does foster connection and **community care**."*



*"I found my volunteer work to be incredibly **meaningful**, and I learned a lot from the individuals I was working with."*



*"I **thank you** for all your hard work and dedication. You give me a sense of direction."*



*"After a long struggle of searching for services, I am **grateful** to have fallen in WICA's arms. I'm **thankful** for the assistance you've provided me with!"*

*"**Thank you** for all your hard work and dedication. I don't know where I would be without the WICA team!"*



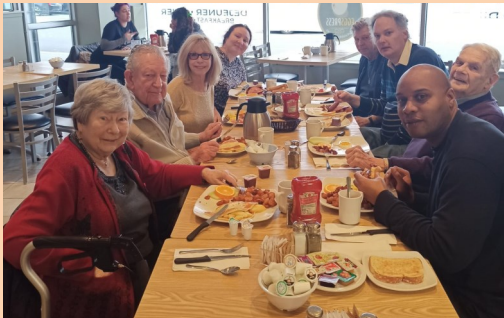
*"S. (Community worker) and R. (Advocate), it was a **wonderful** day to have met you both. No words can fully express my **gratitude** to find me such a wonderful companion. I now feel that some old age problems can be handled, especially medical appointments. **Thank you.**"*

Community Apartment Program (CAP)

Semi-supervised, transitional, and permanent housing options are offered to persons struggling with mental health issues.



Two community workers along with volunteers help support this program.



Cap's Residences

27 Residents are supported by the CAP program

15 Residents are in 5 shared apartments supported by:

St. Thomas à Becket Parish

St. Michael's and All Angels Church

St. Veronica's Parish

Lakeshore Trinity United Church

Dorval Strathmore United Church



5 Residents in *St. Michael's House* are supported by:

St. Michael's and All Angels Church

7 Residents are in the *Sunshine Residence* Transitional house in collaboration with the:
Cheshire Foundation



WICA strives to make a positive difference

CAP Prog (cont.)

CAP ADVOCATES

Irene & Travis Day - Volunteers from Dorval Strathmore United Church. They are retiring after 25 years of dutiful services and we wish them well on their retirement! They will be passing the torch to the new CAP's volunteer, **Joan Murray**.

Anne Marie McCusker, Denise McCusker, Barry Turner & Eric Lasota - Volunteers from St Veronica's Parish, work with the CAP team to ensure the well being of our residents.

John Macnair - Volunteer from Lakeshore Trinity United Church. Takes care of finances.



The CAP community workers & advocates aim at:

- Promoting:**
 - self-worth & social reintegration
 - employment search & personal budget management
- Organizing:**
 - outings, birthday celebrations
- Encouraging:**
 - physical activities to diminish stress and anxiety

Testimonials

"I really appreciate everything you do for me. I like the people at WICA. The food from the food bank is much appreciated, it cuts the grocery bill in half. Rent is cheaper than elsewhere and Wifi is paid."

W. M. , CAP resident

"WICA has changed my life. Without WICA, I would be on the street as a homeless person. They have given me a place to live and also mental health. The weekly visits help my mental health a lot. The food bank helps too. It's the care that I appreciate."

F. D. , CAP resident



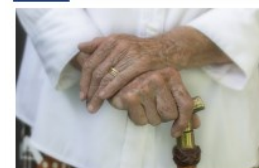
Khrystyna is the new CAP community worker.

She believes in the following axiom: **"Helping one person might not change the world, but it could change the world for one person."**

Seniors Advocacy Program

The **Seniors Advocacy Program** main aim is to assist and educate seniors who are facing issues of abuse, social crisis, defense of rights and who need emotional or practical support.

This project is funded by **Centraide**.



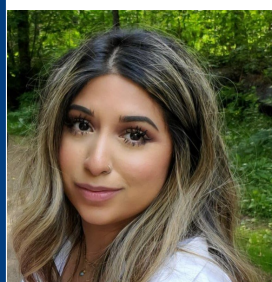
SENIORS ADVOCACY

68 Prince Edward Ave
Pointe-Claire, Qc
H9R 4C7

514-694-5850

volunteerwica.com
info@wica-pcbo.com

 @WICAMTL



Annum is WICA's new community worker in the Seniors Advocacy Program.

She feels privileged to be a part of WICA and honoured to support our seniors and organization.

Seniors Advocacy Program Statistics, 2022-23

- 41** New Seniors Advocacy Protégés
- 25** Active Seniors Advocacy Protégés
- 49** Seniors Advocacy Cases

Seniors Advocacy cases by

- 1** Abuse
- 2** Accompaniment
- 14** Document and Forms
- 3** Emotional Support
- 3** Financial
- 4** Health & Social Services
- 5** Housing
- 1** Immigration
- 7** Information
- 1** Legal
- 3** Mediation
- 5** Taxes

Testimonial

"I really want to thank you (community worker) and J. (advocate) for taking the time to meet with me and help me with those forms. It was a huge weight off my shoulders. I am not sure you both know just how much I appreciate you both. I can't begin to express how much I admire and respect all the time and effort WICA's volunteers dedicate to seniors in the community."

Defense of Rights

WICA offers support to our protégés in cases of crises and/or defense of rights along with document help which includes:

- Government, financial and housing issues; Régie du logement, tenants rights, etc.
- Referrals to other services
- Advocating on behalf of protégés for essential services such as health and social services, etc.

Seniors Liaisons Program (ITMAV)

The Seniors Liaisons/ITMAV program aims to connect with seniors at risk of abuse, crises, or fraud due to cultural or linguistic barriers. A project funded by the **Ministère de la Famille** as part of the **Initiatives de travail de milieu auprès des aînés vulnérables (ITMAV)**.



A case handled by our Community Worker

Two protégés expressed their gratitude towards our organization and sent the community worker a message to thank her for her support.

The ITMAV community worker had helped them fill out documents to Welfare regarding the purchase of eyeglasses and called the government agency on their behalf to overcome the language barrier.



Seniors Liaisons Program Statistics (ITMAV), 2022-23

26	New ITMAV Protégés
61	Active ITMAV Protégés
118	Active ITMAV Protégés Cases

ITMAV cases by type

2	Abuse
1	Accompaniment
27	Documents (Government Forms)
8	Emotional support
10	Financial issues
15	Health and Social Services
16	Housing problems
2	Immigration matters
26	Information
1	Language
3	Legal
6	Mediation
1	Taxes

The ITMAV community worker is responsible to help provide support to under-served, vulnerable seniors, especially those in multicultural communities isolated by language and societal barriers.



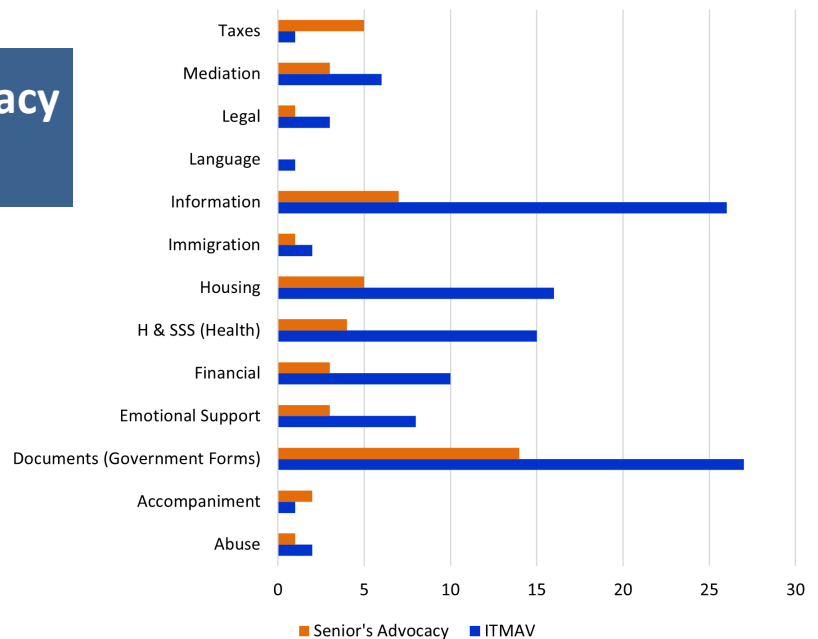
**I
T
M
A
V**

Tracy is the ITMAV Community Worker since January 2023; she is very happy to be serving citizens of the West Island. Tracy is also a trained Yoga Teacher.

(cont.)

ITMAV and Seniors Advocacy Statistics, 2022-23

ITMAV and Seniors Advocacy cases by TYPE, 2022-23



Tablet Program

During the past year, the Tablet Program has continued to expand. We now have 32 tablets in use, and each new protégé is offered ongoing technical training as well as technical support for all issues that have arisen.

Tablet Program Statistics, 2022-23

32 Tablets assigned & more to come
162 Follow-ups related to tablet issues

TABLETS

Facilitating communication and connecting people



A whole new 'technological' world!

- Attending virtual support groups
- Doing video calls with family living abroad
- Attending online courses
- Emailing their doctors
- Emailing their social workers
- Emailing WICA community workers

"For many years I was not able to send emails to my son who lives in Europe. I was not able to communicate with him unless I was on the phone. I am now able to send him emails and have another way to be in touch with him." – Protégé H.H

Protégés' testimonials

"This tablet is a godsend; I enjoy it very much. Thank you, thank you, thank you. I pray that I will always have it. I use it for the news, prayers, to watch uplifting videos, and to stay in touch with family living abroad. The videos my sister (living in the U.S.) sends me keep me going." - Protégé R.A

"It has been very nice to have a tablet to connect to the internet and look for information or to play music. I also like to use my tablet to find out what is on sale at the stores and to attend Zoom meetings and lectures. I feel more socially connected since I started using the tablet." - Protégé S.F.

Rendez-Vous Arts (RVA) Program

RVA is funded through Centraide and offers art classes to adults facing special challenges to improve their quality of life through artistic expression. Volunteer art coaches help the RVA participants hone their skills.

RVA Classes' New Era



Ramez Rabbat
Painting instructor

Due to the restrictions related to Covid, RVA classes remained virtual for almost three years.

In March 2023, Ramez Rabbat, a professional painter, was hired to offer in-person RVA painting classes once again.

The painting classes are off to a great start. Everybody has made noticeable progress! Composition, principles of color, and perspective techniques were covered to make the whole painting a great experience.



Linda Jones, Art Coach

We thank Linda who conducted the RVA Zoom classes for over 6 months.

A 2-hour weekly class on Mondays

A 2-hour weekly class on Wednesdays

41 participants in the RVA Program



Jaki Vaughan, Art Coach

Each Monday, Art coach, Jaki offers a weekly class to **9** participants at Foyer Dorval and one weekly class to **1** participant at Bayview.

Income Tax Program



The Income Tax Program is one of the several running programs in WICA. This year, the program was enhanced and became very popular in the West Island community.

In **March 2023 alone, 139 persons** visited WICA's office. Their tax papers were filled out with the help of the community workers then sent out to the tax volunteers to be completed.



The WICA Tax Clinic:

- From March 1st to April 30th
- Was held weekly on three open drop-in days
- Took place at the WICA office
- Was operated by the community workers



Income Tax Statistics, 2022-23

2	Tax Protégés (COMPLETED back taxes)
85	Tax Protégés 2021
147	Tax Protégés 2022
16	Active Tax Advocates
7	New Tax Advocates
1634	Follow-ups related to Taxes

The community workers were rewarded for all their hard work, kindness, and efficiency with big smiles and thankful words!



AN ENORMOUS THANK YOU to **Deborah Hammond**, who directed the program; Deborah is one of our board members.

A BIG THANK YOU goes also to **all our Tax Volunteers** who have been very helpful and generous with their time.

Volunteer Coordinator Program

Volunteer Coordinator: a position that was created in accordance with **WICA's NEW STRATEGIC PLAN**

The aim is to **build a team of volunteers** large enough to match the ever growing **Protégés** waiting list



WICA's Volunteer Coordinator, Breanna, first on the left, on July 1st, 2022 during Canada Day celebrations.



Breanna, 3rd on the left, during a breakfast offered to honor WICA's volunteers on February, 18th, 2023. **Jessica**, last person on the left, (matching community worker at WICA) was also present.

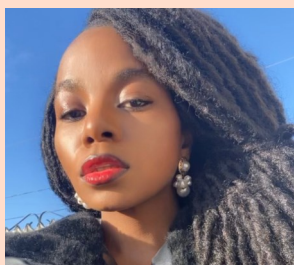
VOLUNTEER OF THE MONTH!

NEW!

A new "Volunteer of the Month" Program was launched in April 2023 to honor one of WICA's volunteers. Full details will be included in our next year Annual Report.

Stagiaires Corner

Ange Izere



WICA's Stagiaire
St Lawrence College,
Social Services Worker
Program

"I was fortunate to do my field stage at WICA and to be a part of an organization that strives to support and advocate for the needs of the most vulnerable people in the West Island community. The team and WICA protégés have taught me so much. The knowledge I gained from this experience is invaluable."

Rebecca Élise Lovell-Ardisson



WICA's Stagiaire
Dawson College
Social Services program

"I had the privilege of doing my 1st internship at the PCBO. The community workers I worked with explained to me how the organization works with great patience and allowed me to help several people in the community. I will surely put into practice all the skills I have acquired throughout this incredible experience."

Community Involvement

Moisson Montreal's mission is to ensure an optimal food supply to community organizations serving people in need on the island of Montreal



WICA April 1st, 2022 - March 31st, 2023

3087 kg of food donated to WICA by Moisson Montréal
\$21318.16 monetary value



The Regroupement québécois du Parrainage Civique movement aspires to a more just, equitable and democratic society. Every person with a disability must have a full place in our society.

WICA collaborates with the *CIUSSS de l'Ouest-de-l'Île* and the West Island community groups

Community Partners

- Mental Health Table
- Table de concertation des aînés de l'Ouest-de-l'Île (TCAOI)
- Health sub-committee of the TCAOI
- Comité de la bientraitance des aînés de l'Ouest-de-l'Île
- Local Table for the Intellectually Handicapped (WILT)
- Table du Quartier Sud de l'Ouest-de-l'Île (TQSOIM)
- Table du Quartier Nord de l'Ouest-de-l'Île (TQNOIM)
- Transportation sub-committee (TQS)
- Housing sub-committee (TQS)
- Poverty and Social Exclusion Table (TQSOI)
- Table des 50 ans et plus de Dorval-Lachine (T50+)



*A BIG Thank You to all
Our Community Partners!!!*

Publicity Statistics 2022-2023

Blurbs 2022/2023

185 blurbs posted + 140 other posts

Blurbs posted on Facebook

A lady who loves to garden is looking for a volunteer
Pointe Claire

A woman in her early 60s is looking for a volunteer to keep her company. She is very outgoing and open-minded. She has anxiety and would need someone patient and understanding.
ID #9931




Gaby
514-694-5850 ext.22



Gentil monsieur à la recherche d'un bénévole francophone pour lire et discuter avec DDO

Un homme de 70 ans est à la recherche d'un bénévole francophone pour lui tenir compagnie.
ID #9247

Jessica
514-694-5850 ext.22



mailchimp

Number of Recipients : 1559

Average open rate: 47%

Total Campaigns : 14

Facebook / Instagram STATS



Post frequently
and consistently

 Published
Posts

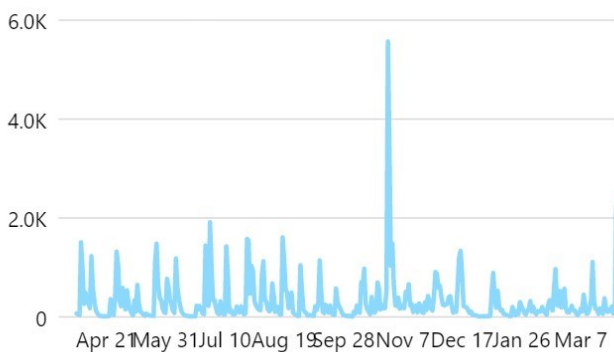


393 ↑ 18.7%



Facebook Page reach ⓘ

30,126



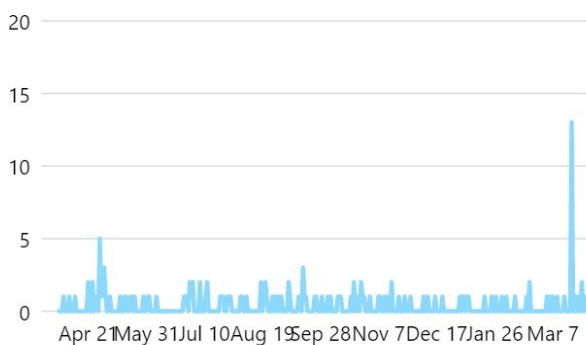
Instagram reach ⓘ

134



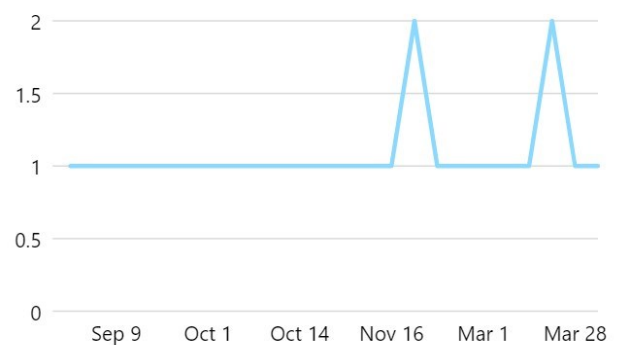
Facebook Page new likes ⓘ

142



New Instagram followers ⓘ

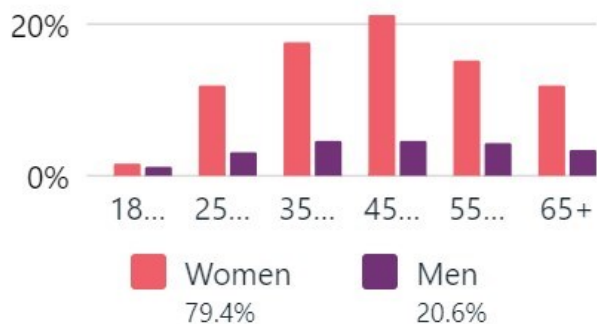
26



Facebook Page followers ⓘ

2,287

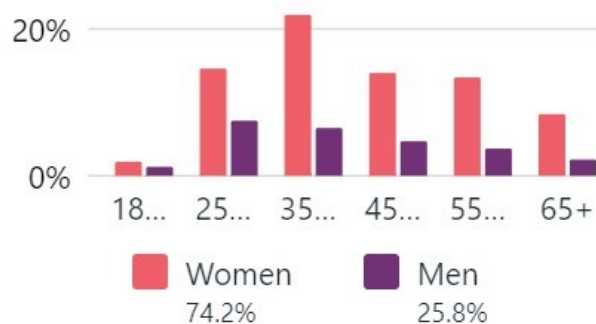
Age & gender ⓘ



Instagram followers ⓘ

453

Age & gender ⓘ



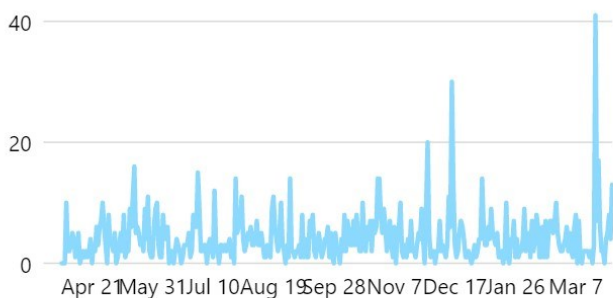
West Island Citizen Advocacy

2K likes • 2.2K followers



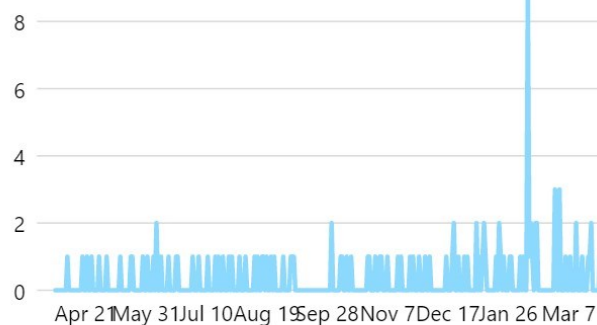
Facebook Page visits ⓘ

1,527



Instagram profile visits ⓘ

115



**FREE COURSES on various topics
for protégés and to the population
at large via Zoom and In-person!**

**5 Fall courses in 2022
5 Spring courses in 2023**

COURS GRATUITS FREE COURSES (www.volunteerwica.com)

Le 14 octobre / October 14 - 1:00-3:00pm
Vous pensez vendre? Comment vous préparer et préparer votre maison
Thinking of Downsizing? How to prepare yourself and your home.


Le 21 octobre / October 21 - 1:00-3:00pm
Hiverner son jardin
Winterizing your Garden

Le 28 octobre / October 28 - 1:00-3:00pm
Protégez-vous contre la fraude
Preventing Fraud

Le 4 novembre / November 4 - 1:00 - 3:00pm
Naviguer votre tablette : organiser vos photos
Knowing your tablet : organizing your photos

Le 11 novembre / November 11 - 1:00-3:00pm
Désencombrer votre maison
Declutter your Home

**Our Newsletter goes out twice a
year, in the Spring and Fall.**



BUILDING A BETTER COMMUNITY
WEST ISLAND CITIZEN ADVOCACY
152 Concord Crescent, Pointe-Claire, QC H9R 1N4
(514) 694-5850 Fax: (514) 694-1867
VOLUNTEERWICA.COM INFO@PCBO-WICA.COM

WICA'S SPRING COURSES
We encourage you to take advantage of our Spring courses offered free to the community at large. All courses will be offered on-line on Fridays 1:30-3:30pm, except the one on Feb. 24 that will be offered in person. Visit www.volunteerwica.com to register.

February 24:	A Guide to Spring Cleaning (In-Person Course)
March 3:	Preparing your Garden for Spring
March 10:	Understanding Mental Health and Promoting Mental Wellness
March 17:	Wills and Powers of Attorney
March 24:	Budgeting and Financial Planning

WICA RECOGNIZES ADVOCATES FOR THEIR GREAT CONTRIBUTION
WICA's Giving Tuesday campaign in December 2022 focused on recognizing advocates for their honorable contribution to WICA. In an effort to celebrate the volunteers that are at the very heart of our organization, we have planned several events throughout the year starting with a breakfast outing, by invitation, in February.

In mid-March, we will also extend an invitation to visit our temporary office at the Maison Hyacinthe-Jamie-Dit-Camière Heritage House on Concord Crescent in Pointe-Claire for an afternoon tea party. We want our advocates to know how important they are to our organization and how much we appreciate their generosity and kindness towards our community.

WICA'S 30th ANNUAL GARDEN TOUR
Our 30th annual Garden tour is right around the corner and we've been busy scouting out amazing gardens for this event scheduled to take place on June 4, 2023. Gardens from Kirkland and Pointe-Claire will be featured and many new surprises are planned during this one-day self-guided tour.




The tour will end with a traditional tea party at the beautiful grounds at the Maison Hyacinthe-Jamie-Dit-Camière Heritage House, home to our temporary office.

Tickets will be available for purchase in early May.

WICA OFFERS INCOME TAX SUPPORT VIA CRA & REVENUE QUEBEC PROGRAMS
WICA is continuing its Free Income Tax Program for eligible individuals thanks to the CVTP and ITAVP programs that aim to support those that need help to complete their income tax. Eligible individuals must meet the following criteria:
- Income Limit of \$35,000 (Single), \$45,000 (Couple), \$45,000 (One adult w/one child)
- Investment income cannot exceed \$1,000

You do NOT qualify if you are self-employed, with rental or business income, own property outside Canada, declared bankruptcy, sold a residence, have capital gains or losses or completing for a deceased person. For more information, or to discuss eligibility, please contact a community worker at 514-694-5850 or 438-379-7849. Visit our website for more information at www.volunteerwica.com

To reduce mailing costs and to help the environment, we encourage you to subscribe to our Newsletter. Please visit our website at www.volunteerwica.com and select contact us. Thank you!



Home Programs Contact Donate Events Volunteer Opportunities

HELP US TO HELP OTHERS

WEST ISLAND CITIZEN ADVOCACY

[f](#) [in](#)

VOLUNTEER **DONATE**

**Our WEBSITE is updated regularly
to promote events, accept
donations and recruit volunteers.**



WE NEED YOU!

VOLUNTEER **DONATE**

Fundraising & Other Events

The 29th annual Garden Tour was held in May 2022, including a scavenger hunt and tea party to finish off the day. We raised \$2000 on this day in ticket sales!





WEST ISLAND
Citizen Advocacy
Parrainage Civique de la
BANLIEUE OUEST
WICA • PCBO

29e Tour Annuelle des Jardins
29th Annual Garden Tour

LE 22 MAI
1-4PM
MAY 22

Joignez-vous à nous et profitez de cette visite autoguidée de 12 magnifiques jardins à Beaconsfield, d'une chasse au trésor, de prix et d'un thé et délices pour terminer la journée! Que vous soyez en voiture, à vélo ou à pied, ne manquez pas cet événement stimulant!

Join us on this self-guided tour of 12 beautiful gardens in Beaconsfield, along with a scavenger hunt, prizes, and a tea party to end the day! By car, bike, or on foot, don't miss this inspiring event!

Billets/Tickets : \$25
(enfants gratuit / kids free)

www.volunteerwica.com / 514-694-5850

GIVING TUESDAY

In 2022, for Giving Tuesday, we asked the community to “help us to help them” as a part of our plan to “recruit and retain”.

We raised over \$2,000 to plan strategic events to support our mission.



HELP US TO HELP THEM

WICA's mission is to support and defend the rights of the vulnerable, and we work hard to improve their quality of life by matching them to competent volunteers. We realize that not everyone is able to give their time, and for that reason, during Giving Tuesday we are asking you to help us to help them by supporting our efforts to recruit and retain volunteers.

Through a series of strategically planned events over the next year, our plan is to recruit the volunteers required to make sure that everyone on our waiting list is matched. We know you might not be able to do this yourself, but you can still be part of the solution by making a donation to help us make it happen! With your help, reaching our goal of \$4000 will allow us to put our plan into action and make sure no one in our community has to feel alone again!

Be proactive! Let's care for our community... together!

AIDEZ-NOUS À LES AIDER

La mission du PCBO consiste à défendre les droits des plus vulnérables et notre équipe travaille fort à améliorer la qualité de leur vie en les jumelant avec des bénévoles compétents. Il est possible que vous n'ayez pas assez de temps à nous donner mais vous pouvez nous assister; nous vous demandons donc, à l'occasion de MardiJeDonne, de nous aider à les aider en soutenant le recrutement et la fidélisation des bénévoles.

Grâce à une série d'événements planifiés au cours de l'année prochaine et organisés de manière stratégique, nous souhaitons recruter assez de bénévoles pour jumeler toutes les personnes figurant sur notre liste d'attente. Nous savons que vous ne serez peut-être pas en mesure de le faire vous-même, mais vous pouvez faire partie de la solution! Faites un don et aidez-nous à atteindre notre objectif! Ensemble, nous pouvons arriver à notre but de 4,000 \$ qui nous permettra de mettre notre plan en action et assurer que aucune personne de notre communauté n'aura à se sentir seule!

Soyez proactifs ! Prenons soin de notre communauté... ensemble !



Halloween at the Dow



The SPOOKTACULAR Ivan Dow house on Halloween!

\$4000 was raised at this event!



THE HOLIDAY SEASON AT WICA

Thanks to the generosity of our donors, we were able to prepare Christmas Baskets for our protégés.

Lights on Boischatel...

A truly magical Christmas light display with lights synchronized to music and broadcast on 87.9 FM so you can enjoy the show from your car or on foot. \$100 was raised.



Funding

WICA is grateful for the continued financial support from the following agencies, foundations, clubs and service groups, churches, municipalities, community groups and corporations

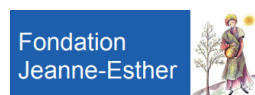
\$10,000+

- Programme de soutien aux organismes communautaires (PSOC)
- Ministère de la Famille et Aînés
- Centraide
- Emploi Québec
- West Island Community Shares
- Fondation Jeanne-Esther
- Tenaquip Foundation



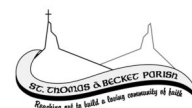
\$2,000 to \$9,999

- City of Dollard-des-Ormeaux
- City of Pointe-Claire
- Pointe-Claire Oldtimers Hockey Club
- Lakeshore Civitan Club
- Beaconsfield Oldtimers Hockey
- Centre Multi-ressources de Lachine



\$1,000 to \$1,999

- Kiwanis Club of Lakeshore Montreal
- St. Michael & All Angels Anglican Church
- St. Thomas à Becket Parish
- City of Kirkland
- City of Beaconsfield
- Carlos Leitão, National Assembly of Québec (Robert-Baldwin)



\$200 to \$999

- St. Edmund of Canterbury Parish
- Lachine Borough
- Enrico Ciccone, National Assembly of Québec (Marquette)
- Beaurepaire United
- City of Baie d'Urfé



THANK YOU!

We would like to thank the City of **Pointe-Claire** for their tremendous support this past year. In the need to relocate our offices temporarily, they not only offered us a temporary location at **152 Concord Crescent**, but they also handled the move for us.

They also offered us the **Kinsmen Chalet** to hold our RVA in-person classes and the Valois Bay Nautical Club for our AGM. We couldn't have done it without their assistance. A special thank you to **Brent Cullen** who made it all possible flawlessly.

We would also like to thank the cities of **Beaconsfield**, **Dollard-des-Ormeaux**, and **Kirkland** for their support.

We would like to thank **Carlos Leitão and Enrico Ciccone**, members of the National Assembly of Québec, and a special Thank you to the **Kiwanis Club of Lakeshore Montreal**, and the **Beaconsfield Oldtimers** for all their support.

Thank you to Member of Parliament **Francis Scarpaleggia**. He has given us his whole-hearted support.

Churches

Thank you to the West Island Churches who support WICA through donations and sponsorship of our Community Apartment Program CAP.

SPVM

Also, we would like to thank the SPVM for all their support.

Local Media

West Island media have been our major resource for recruiting volunteers by donating publishing and we appreciate the publicity.



Thank you to the



For regularly providing Personal Protective Equipment to our front line personnel with the coordination of the **CIUSSS du Centre-Sud-de-l'Île-de-Montréal** and the **CLSC du Lac-St-Louis**



AWARDS OF MERIT, 2022-23

**Thank you to all our volunteer advocates for their years of
volunteering and their dedication**

5 YEARS

Louise Bourdage

Lynn Carr

June Cummings

Melany Cusinato

Melanie Dignard

Lauren Fecteau

Leah Fecteau

Robert Feeley

Ian Howarth

Suzanne Kanfi

Douglas Kerr

George Lapa

Claudia Murayama

Marie Politou



10 YEARS

Myron Mihran Narekian

Diane Veuhoff



20 YEARS

Donna Howarth

Claudette Latu-



15 YEARS

Caroline Gelibet

Heather Green

Irène Rodier

Georges Tenza



25 YEARS

Jennifer Gunn

Barry Turner



30 YEARS

Ricki Lerner